



Scarlet Cord Challenge for Alzheimers

Are you a budding Captain Tom? Can you help in the fight against Alzheimers disease by taking part in an event to earn a Scarlet Cord Medal?

To gain your medal you need to do something on or after the weekend of the 27th August that challenges yourself for an hour.

It may be a swim, walk, run or cycle - we are all different so tailor it to yourself.

All money raised will be sent to the Alzheimers Society.

Entry fee is £15 for UK participants, £20.00 for the rest of the world.

Please note: this event is restricted to 250 people.

Payment to Loyalty Lodge of Mark Master Masons,
Sort Code 40-42-01, account number 01560433.

*Non-UK residents please pay via PayPal
to pc.clare@btinternet.com*

*Please email me at pc.clare@btinternet.com with
your full name and address once you have paid.*

GOOD LUCK

